

## Bio-graph-æ-a

['bi:ɒgrɑ:'fæɑ:]

### Biographæa 1 Life Lines

Temple  
of Life

guiding  
exploration  
to reveal your

*biographical  
development*

### Biographæa 2 Life Moments

Transforming  
the Soul

mediating  
metamorphosis  
to liberate your

*biographical  
resources*

### Biographæa 3 Life Decisions

Creating  
the Future

initiating  
resonance  
to fulfil your

*biographical  
destiny*

designed ...

**to serve  
you**

## Introduction - Edition

Edition Biographæa is a series of finely crafted books, designed with loving care to open up manifold ways for working systematically, creatively and purposefully with biographical development.

The first three volumes, presented briefly in the adjacent *golden box*, introduce, mediate and advance work with biographical development, so as to promote deeper understanding and facilitate personal transformation.

The wide range of tools, instruments and applications will enable your own work in a direct and practical way; whilst also promoting professional research and practice.

In each volume the main narrative is presented in a sequential, modular format comprising twenty chapters each being designed as a 'Tableau'<sup>1</sup>, i.e. a composition with a *golden box*, words and imagery.

The 'tableaus' project *Imaginations* which complement those presented in the narrative. Their synergy of texts and images mediates *Inspirations* through word, colour and form; promoting a search for questions which touch the core *Intuitions* of biographical development.

The purpose of this volume is to introduce Biographæa and mediate comprehensive *references* and *links* and *appendices* for the three books in a practical format.

Ongoing development of a networking platform at [www.biographæa.com](http://www.biographæa.com) will be dedicated to promoting professional interaction between experienced colleagues who are committed to supporting each other, in the service of their clients and communities.

Biographæa is especially dedicated to serving you in the development of your 'I' as a human being; which is happening all the time, from the moment you are born to the moment you die.

Biographical development is the unique way by which each human being evolves into an individual, who is ...

**... serving the Higher Self**

## Introduction - Books

Biographæa embraces an artistic tradition which uses the 'book' as a creative metaphor. "Artists' Books" are works of art realized in the form of a book.<sup>3</sup> You are invited to get to know the interconnected layout, designed to serve your playful exploration, creative research and maturing awareness:

Each book is a finely tuned composition of:

- ◆ interweaving words, images and graphics,
- ◆ commentaries and information,
- ◆ archetypes, ideas and categories,
- ◆ quotations and declarations,
- ◆ questions, exercises and guidelines.

Structure, Colour and Sequence are used to augment the meaning and inter-relationship of word categories in the context of the narrative.<sup>4</sup>

All of this is complemented by the *links* and *references* and *golden boxes* which mediate i.a. synopses and further stimulating contributions. Further indispensable content is situated in the *appendices*.

The *links* facilitate orientation within and between volumes in the series; they also refer to digital media resources which can help align knowledge and understanding to the cultural and intellectual commons worldwide.

The *references*, identified by number and page, are used extensively to:

- ◆ annotate contextual use of terminology, concepts and principles;
- ◆ broaden understanding in relation to frequent use of metaphors;
- ◆ facilitate practical comprehension and fulfilment of exercises;
- ◆ recommend literature and *links* to online media resources.

The *golden boxes* are generously filled with 'treasures'; laid out so you can freely choose what seems really useful during the ongoing adventure of working with your own biography or when you are accompanying others professionally. Nurturing a culture of individual, creative, playfulness is essential to getting the most out of working with the content of Biographæa

The 'tools', 'instruments' and 'applications' presented in these books promote

- ◆ meaningful articulation of structural archetypes for human development
- ◆ practical mediation for the implementation of transformative exercises;
- ◆ a commitment to personal and professional responsibility.

The content of these three books will serve most advantageously when you are first able to work through each volume systematically and sequentially

## Introduction - Work

Since time began human beings always created new and original ways to document and work creatively with transformation of their lives on Earth. Biographæa contributes to the emerging spiritual scientific research into the evolutionary potential of the biographical development of Humanity.

**Biographæa 1 Life Lines** invites you to research and document biography particularly using graphic layouts<sup>5</sup>. Becoming entirely familiar with your own biographical experiences is an essential foundation for working with freedom.

**Biographæa 2 Life Moments** encourages you to explore biography through numerous creative artistic exercises, so that you become more aware when working with processes of change, metamorphosis and transformation.

**Biographæa 3 Life Decisions** challenges you to engage with biography when you *make, take* and *fulfil* decisions, to emancipate you from past consequences and initiate resonance through creation of your future destiny.

Narrative in Biographæa is purposely condensed into an essence so as to stimulate development of consciousness in the soul. *Read between the line*

Apprehend meaning as it unfolds inside your mind like a “pop-up book”<sup>6</sup>. Embrace wonder as it blossoms in your soul like Chinese “flowering tea”. Above all else “hold the vision and trust the process” (*anon.*).

Biographæa is a guided experiential journey into the ensouled spirit being of human biographical development; during which intellectual rigor is catered for mindfully. Undertaking this adventure involves willingness on your part, to plunge occasionally into your own unconscious, as also to open up your mind into an heightened awareness of Self<sup>2</sup>.

When you read these books, you may find it helpful sometimes to do so as though you are in a wakeful conversation with your Higher Self<sup>2</sup> or any facet of your being whose development deserves your attention.

In connection with this, the last paragraph of each chapter is phrased in the personal ‘I’ form. When you read such lines, you are invited to do so as if engaging with a **meditation**, or with a **contemplation**, or with a **prayer**.

*By getting to know my Self through observing my biographical development and by learning how to bear responsibility for exercising my own free will, in alignment with the evolving destinies of those I love, in deed I am ...*

**... serving Humanity**