

Biographæa

Working with Biographical Development

Christophori
Veráce

Edition Biographæa

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Working with Biographical Development

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Biographæa

is

dedicated

to

YOU

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You

Human

Being

Know

Your

Self

Preface

Biographæa was conceived in 2010. Birth has been long in coming. Vera and I could not know then that gestation would take over 12 years⁴. Now you can witness the result of our labour of faith, hope and love, created with the forbearance of our families, friends and colleagues.

This is no ordinary series of books. They twinkle lovingly from desk, table or bookshelf; beseeching you to take them in hand. Chapters are short: half text, half image. References come with their own volume. As you browse, dipping in and out, may you always discover words, phrases, paragraphs, references, and images which resonate, offering nourishment or inviting deeper exploration.

When you start at the beginning, you are invited on a journey, an adventure, a path of exploration. You become our companion, a collaborator, a co-creator of what unfolds, transpires and reveals itself in your consciousness. You determine freely the pace and degree of rigour with which you undertake your voyage.

The first reading will give you an overview of the current theme, mood and practices being mediated. On subsequent readings, let yourself proactively articulate your own ideas, evocations and engagement, as these emerge in your soul. In this way you can bridge what may sometimes appear to be major contextual shifts, breaks or leaps between sequential paragraphs.

The intention is to encourage your active conscious participation in what you are reading. The development of consciousness in the soul⁵ requires more than passively listening to lectures and reading books. Through your own studies, trainings and practices you will already know this. Biographæa is designed so as to optimise and efficiently support your endeavour. When challenges take you beyond your limits, rewards will come and the achievements will ultimately be of your own creation.

Great care has been taken to iteratively clarify the contextual attribution of meaning to terminology and concepts, as also to maintain continuity in their application. Make generous use of the copious references to support your endeavour and broaden your horizons. If it takes a while to absorb a particular attribution of meaning, persevere until you reach your own emancipated understanding and application of what is being offered.

Despite diligent, dedicated, deliberate work by your author in respectful collaboration with translators and editors, you will meet imperfections. So please forgive us all, knowing that ultimately you alone have the final word on what you determine is relevant for you.

As a lifelong ever playful artist myself, the joy of accompanying Vera's creation of pictures for you has been immeasurable. As an insatiable lover of essential perfection herself, Vera's relentless pursuit of her own emancipated understanding and application of my writings often cut to the very quick of my being. May our collaboration inspire your own creativity.

As you work through Biographæa page by page may you encounter a rich tapestry of titles, subtitles, openings, descriptions, categories, terminology, explanation, interpretation, quotation, allusion, metaphor, mythology, saga, fairy tale, fable, allegory, parable, epic, legend, exercises, techniques, etc.; with plenty of opportunity for meditation, contemplation and prayer. Your own artistic, creative, playful flexibility is calling you.

When you read this like a text book, consequent perusal of references and links will guide and extend your own knowledge base and research.⁶ When you immerse yourself in the narrative stream⁷ of the text you are heartily invited to introduce your own threads of emotional awareness⁸ heuristically into the warp and weft of your author's weaving composition.

The value which you create out of this working conversation, between the text and pictures of each volume and your own soul, becomes the most precious result of your endeavour. May you recognise yourself as already being co-creator of a sacred work of art, which is both your own biographical "Temple of Life" as also a contribution to the ongoing collective building of the archetypal Temple of Human Being.⁹

In our quest to serve you with accessible, 'broadband' workbooks, that combine gravitas, beauty and practicality, these volumes are populated by a multitude of implicit as well as explicit social-artistic exercises.¹⁰ Potentially, Biographæa volumes can also be applied as handbooks for mediating and promoting work with biographical development.

Our intention is that when you hold a volume in your hands, you recognise it is as a 'Work Book'; i.e. a 'book' whose content you are going to 'work' with intensively. Whatever you discover whilst really studying and applying the content of these volumes, make it truly your own. Handle these books as every Master Mariner treasures the 'rutters'¹¹ they inherit, augment and bequeath to their successors.

The guidelines for the tools, instruments and applications presented in these volumes are a work in progress, building on the dedicated spiritual scientific research and practical experience of a myriad of forerunners. As did they, so do we offer our companionship to you, as you strive for consciousness on your earthly path of biographical development.

Why do I use “Christophori” as a ‘nom de plume’ on the front cover?
Christophori is the plural inflection for Christophorus, also known as Saint Christopher. Being my Christian name, you can imagine that this legendary patron saint of wayfarers is a lifelong companion.¹²

I too searched for spiritual ‘truths’ to serve, encountered adversaries and became a ‘companion’ to those who are crossing thresholds in life. I know what it is to be a ‘wayfarer’ and a ‘companion’ to wayfarers.

I am not alone; friends and colleagues the world over, known and unknown, have also become ‘companions’ to ‘wayfarers’ who seek guidance to work consciously with their own biographical development.

In my eyes we are all Christophori; and those who know the legend well, will immediately understand the depths and heights of what I mean.

I am the author and together with Vera the co-creator of Biographæa.

I am not alone; for my own biographical development is blessed with countless ‘companions’, inwardly as also outwardly. Their generous strength, loving sacrifice, sage guidance and faithful witnessing is become a part of my ‘human being’ now and in future lives to come.

This is my way of recognising and honouring all ‘wayfarers’ who are now my ‘companions’, as also all the ‘wayfarers’, for whom it is my privilege to be a ‘companion’. For, as any true ‘companion’ knows, a ‘wayfarer’ becomes a ‘companion’ of the conscious ways of threshold crossing.

Only the ‘I’, alone, can cross a threshold consciously. More so do I welcome Your companionship until that moment in space and time, when I cross over the abyss through ‘nothingness’. More than ever do I treasure Your loving witness, when I am come to the other side ... my dearest Companion.

In the mighty heart of Christophorus lived a burning desire to serve a Sovereign without peer. The child in bearing grew heavier and heavier through the crossing in the churning waters. When they guide a ‘wayfarer’ striving onward, every true ‘companion’ knows that they will experience moments for which they are nowhere near adequately prepared.

In such moments I know ...
that I am not alone ...
Sovereignty awakens in my heart ...

Christophori

I bear within myself
what has been,
I feel in myself
what is becoming,
In my will I carry both
towards the future.

Faith looks at what has been
and is grounded in truth,
Trust looks at what is becoming
and is grounded in the future.

Love embraces in the moment
What is eternally become,
What is eternally in being.

Rudolf Steiner ²¹