

Martin Studer shared the following quotation on 23.06.2026:

For this reason, also spiritual scientific literature must also be understood differently from other types of literature. Natural scientific literature reports certain findings, from which one learns. Spiritual scientific literature is not at all the same. It can become a instrument within the soul of every human being. If one immerses oneself in the ideas set out within it, one is not faced with a mere lifeless result from which one learns, but rather with something that, through the life inherent within it, connects people to the spiritual world they are seeking.

Whoever reads a spiritual scientific book will realise, if they read it properly, that what lives within the book can become a means within their own soul life by which that soul life itself is brought into a kind of resonance with spiritual being; and they now comprehend, in a spiritual sense, that which they would otherwise perceive only through their senses and the intellect bound to those senses. – When this is still not widely recognised, and spiritual scientific literature is thus treated in the same way as any other, the reason for this lies solely in the fact that we are only at the very beginning of the development of the spiritual science.

As this development continues, it will become increasingly clear that a book written in a truly spiritual scientific manner is not simply another book like any other, but rather a instrument which not only conveys knowledge, but also enables the reader to achieve such knowledge independently. However, one must be clear that the spiritual scientific instrument is, after all, purely of a spirit-soul nature, which composes certain very conscientiously animated concepts and ideas, which differ from all other concepts and ideas because, unlike the latter, these are not merely *images* but rather *living realities*. – It should also be emphasised that even at this present stage of spiritual science, *anyone* who aspires to do so can, to a certain extent, become a spiritual researcher themselves. ...

Rudolf Steiner GA35, lecture on 16.10.1916